

Experience Tibetan Singing Bowls



MacroSun is honored to present **Pati Pellerito**, a master of the singing bowl, in a free experiential demonstration of the power and beauty of the singing bowl. Pati has practiced the healing arts for over twenty-five years and has studied and taught the art and application of sound therapy for over a decade. Pati performs singing bowl concerts with a range of other musicians throughout the country.

Singing bowls have been used in religious and shamanic practices for over 1500 years, and have been associated with Tibetan Buddhism since the 8th Century. The bowls create a resonant vibration traditionally used as an aid in meditation and enlightenment. The pure sounds from the bowls are used in holistic and chakra healing, sound therapy, reiki, stress reduction — and now in music performances from rock to ambient.

Join us in this rare opportunity to experience the sound and healing of singing bowls, plus learn how to play one yourself from a master!

Pati will also be teaching a series of monthly workshops for those who wish to explore the power of singing bowls more deeply. Participants can get individualized, one-on-one training, in a small group setting, on techniques to optimize resonance of the bowls and applications for healing, meditation, and sound therapy.



Singing Bowl Sound & Healing Free Demonstration and Workshop

Saturday, March 26

ॐ FREE Introductory Hour (2-3 pm)

ॐ Explore the Healing Potential of
Singing Bowls ॐ Workshop (3-4pm) \$15

*First in a series of Monthly Classes on
Healing with Singing Bowls at MacroSun*

April 26th ॐ May 24 ॐ June 21 (6 - 8 pm)

\$30 per class



MacroSun International

1310 Washington Ave.

Just W of Tucker, 2 blocks East of City Museum

(314) 421-6400 www.macrosun.com